



REL 3316

Healing in Asian Religions

Section: RVC

Internet/Fully Online

Fall Term 2026

Course Time Zone: Eastern Time (ET). Course due dates and times are according to this time zone.

Professor Information

Samani Pratibha Pragya

Roles: Primary Instructor

Email: sampragy@fiu.edu

Response Time: 1 Day

Phone: N/A

Office Hours: By Appointment

Office Location: SIPA 512

Department or Academic Unit: Religious Studies

Course Prerequisites

Course prerequisites, if any, are listed below.

Course Description

We may often ask: Why do we suffer? Why are we ill? How do we heal? In addressing these questions this course will analyze the healing panorama in Asian traditions, including the nature of illness, the multiplicity of causes and the diversity of healing techniques. We will examine the philosophical imperatives as well the practical applications of healing techniques in Hinduism, Buddhism, Jainism, Confucianism, and Daoism. Students will also reflect on the differences and similarities of concepts and techniques of healing that have arisen with geographical changes, even those as small as the distance from India to China. The course will also serve as an opportunity to analyze the role of healing in dissolving barriers between religion and secularity.

Textbook and Course Materials

No textbook is required. Reading material will be made available online in the course content. There could be more than one article for each lecture, please read all the study materials & also listen to the lectures with the presentations. Also enjoy the Video clips.

Required/Recommended: Recommended

Authors: N/A

Publisher: N/A

Publication Date: N/A

Copyright Date: N/A

ISBN 10: N/A

ISBN 13: N/A

Chapters/Pages: N/A

Panther Book Pack

Get all required course materials for \$22 per undergrad credit hour through

Panther Book Pack. You'll be charged automatically unless you opt out within 3 days after the add/drop deadline.

For more details, to compare costs, and to learn how to access your course materials, visit the [Panther Book Pack information page on FIU OneStop](#).

Student Learning Outcomes/Objectives

- To obtain a broader idea of how various Asian traditions define health and ailment.
- To explore the contribution of Asian traditions to the development of philosophy and
- Practice of healing.
- To apprehend the roles of body, mind and spirit in healing.
- To learn the efficient and alive healing techniques of Asia.
- To explore the beliefs and practices of mystical healing techniques.

Expectations of this Course

This is an online course, which means most (if not all) of the course work will be conducted online. Expectations for performance in an online course are the same as a traditional course. In fact, online courses require a degree of self-motivation, self-discipline, and technology skills which can make these courses more demanding for some students.

Students are expected to:

- **review the getting started** page located in the course modules;
- **introduce yourself to the class** during the first week by posting a self-introduction in the appropriate discussion;
- **take the practice quiz** to ensure that your computer is compatible with the

learning management system, Canvas;

- **interact** online with instructor and peers;
- **review** and follow the course calendar and weekly outlines;
- **log in** to the course **3 times** per week;
- **respond** to discussions by the due date specified. **No late work will be accepted;**
- **respond** to **emails** within **2 days**;
- **submit** assignments by the corresponding deadline.

The instructor will:

- log in to the course **3 times** per week;
- respond to **emails** within **24 hours**;
- grade assignments and/or provide feedback within **5 days** of the assignment deadline.

Assignments & Assessments

Discussion Forums

Keep in mind that your discussion forum postings will likely be seen by other members of the course. Care should be taken when determining what to post.

Discussion Forum Expectations:

- Students are required to complete their initial post by Friday, 11:59pm
- Respond to their peers by Sunday, 11:59pm during the week the discussion is assigned

Assignments

Term Paper

Research and write a 2500 to 3000 (7-8 pages) word essay on anyone healing tradition/technique (only from Asian Countries). Develop a paper analyzing its survival and contribution in an alien land (a place other than its origin).

Essays will be graded on the basis of Research, Thesis/Argument, and Style.

Course Policies:

1. No extra work is accepted; you must master the assigned material.
2. The writing assignments in the course are the exam (Exam 1 & Exam 2), term paper, Quiz and the discussion forum postings; these are the principal means of integrating course material. Take them seriously.
3. Under university rules: Incompletes are only available to students who have completed the majority of work in the class. I will only give Incompletes when asked, and only when asked in advance of the end of classes, and incompletes granted will only extend until the next semester you enroll for courses (or, if you do not return to classes will default to F under university rules after two semesters.)
4. Make-Up Policy: There are no automatic make-ups given in this course. All assignments are due as indicated. If some unforeseen emergency arises that prevents you from taking an exam or handing in an assignment, documentation must be provided (i.e., a summons for jury duty, letter on Physicians letterhead stating explicitly why student could not hand in assignment/take exam, etc.) This documentation will be verified by contacting the appropriate individuals; be sure to include contact numbers. Once verified, a decision as to how to proceed will be made by the Professor.

Assessments

The Midterm and Final exam will be open for one week. If you know you will not be able to take them on the scheduled days, make arrangements to take them in advance of the scheduled days. Three days before the exams all the previous quizzes will be released so that students may open and print them, so as to study from them. The exams will have both objective and essay parts, separately timed, with an hour for the essay. The midterm essay and the final essay should be each at least 700 words.

Quizzes

In order to mitigate any issues with your computer and online assessments, it is very important that you take the Practice Quiz from each computer you will be using to take your graded quizzes and exams. Assessments in this course are not compatible with mobile devices and should not be taken through a mobile phone or a tablet.

Quizzes are open for one week. You may take each quiz twice, though the questions will usually be different because they are selected randomly from a large database. The purpose of the second attempt is to allow students who may have been disconnected from the Internet during a quiz to submit a complete quiz. Disconnection does happen; plan to make your first attempt a serious one. If you know that you will be unable to take a quiz during a specific week, contact the instructor by Course Mail in advance, and the quiz may be opened so you may take it early. Resetting quizzes after they have passed will require a serious and verifiable reason (death in the family, hospitalization, serious accident, etc.). It is the responsibility of students to keep up with the readings and take the quizzes on time.

Grading

Course Grades Distribution Table

Course Requirements	Number of Items	Weight
Quizzes	10	20%
Midterm Exam	1	20%
Final Exam	1	20%
Term Paper	1	20%
Discussions	3	10%
Total	15	100%

Letter Grade Distribution Table

Letter Grade	Sample Range %
A	95 or above
A-	90 - 94
B+	87 - 89
B	83 - 86
B-	80 - 82
C+	77 - 79
C	70 - 76
D	60 - 69
F	59 or less

Proctored Exams

Please note that the information contained in this section applies only if your course requires a proctored exam.

Through a careful examination of this syllabus, it is the student's responsibility to

determine whether this online course requires proctored exams. Please visit our [Student Proctored Exam Instructions](#) webpage for important information concerning proctored exams, proctoring centers, and important forms.

Schedule of Topics

Please refer to the modules.

Course Communication

Communication in this course will take place via **the Canvas Inbox**. Check out the [Canvas Guide](#) to learn how to communicate with your instructor and peers using the Canvas Inbox.

I will respond to all correspondence within **X days**.

Policies & Resources

Before starting this course, please review the Policies & Resources Page in Canvas, which includes comprehensive information on various University and Course Level Policies, such as:

- University Policies
- Accessibility and Accommodations
- Online Etiquette
- Technical Requirements and Skills
- Computer & Digital Literacy Skills
- Course Technology Accessibility Statements and Privacy Policies
- Academic Integrity
- Copyright Statement
- Nondiscrimination Statement
- Panthers Care & Counseling and Psychological Services (CAPS)
- Fair Use Policy

Zoom Video Conference

Zoom is a video conference tool that you can use to interact with your professor and fellow students by sharing screens, chatting, broadcasting live video/audio, and taking part in other interactive online activities.

Zoom meetings can be accessed via the Zoom link in the course navigation menu. Once you click on the Zoom link, it will route you to join the meeting for the respective class session. You will also be able to view upcoming meetings, previous meetings that you have already joined, and meeting recordings. Before joining an actual class session:

- Reference the [Zoom Student Tutorials](#) to learn about the tool, how to access your meeting room, and share your screen.
- Access the [Zoom Test Meeting Room](#) to test out the software before joining an actual session.

If you encounter any technical difficulties, please contact the [FIU Canvas Help Team](#). Please ensure you contact support immediately upon the issue occurring.

Nondiscrimination Statement

The **Office of Civil Rights (OCR)** is responsible for ensuring that FIU maintains a workplace and learning environment free from discrimination, where current and prospective faculty, staff, and students are treated equitably. If any student, employee, or applicant has a sincere and reasonable belief that they have been discriminated against or harassed based on age, color, disability, marital status, ethnic or national origin, race, religion, retaliation, sex, or any other protected category, they can report their concerns to the OCR team through report.fiu.edu.